

Clinical Image

Tungiasis - A Clinical Image

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A 64-year-old male Caucasian patient presented with multiple asymptomatic lesions on both feet. Because he had a marked cognitive deficit, he could not provide more details, however his relatives reported that the patient hid the lesions. He denied comorbidities and use of medications. On physical examination, some lesions were pustular and others had crusts, predominately on the plantar surfaces, but also on the dorsal surfaces of both feet.

After a clinical diagnosis of tungiasis, the skin was cleaned rigorously, followed by occlusion of all the lesions with Vaseline ointment dressings. After 3 days, the lesions were removed and debrided. His relatives were advised regarding the necessary care.

The disease is caused by the jigger *Tunga penetrans*. It is more common in developing countries and is associated with poor hygiene. The diagnosis is clinical and the prognosis is favorable with treatment.



Figure 1: Panel A.



Figure 2: Panel B.



Figure 3: Panel C.



Figure 4: Panel D.

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